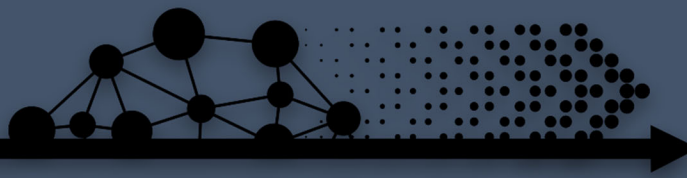


Northeastern University



# PREPAREDNESS DAY

INFORMATION ✓ TRAINING ✓ EXERCISE



**Emergency**  
Management  
*Ready and resilient*

# AGENDA & EVENT INFORMATION 2019

NORTHEASTERN UNIVERSITY PREPAREDNESS DAY  
**THURSDAY, OCTOBER 17, 2019 &  
FRIDAY, OCTOBER 18, 2019**

Curry Student Center

# Northeastern University | Preparedness Day 2019

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Preparedness Day at Northeastern University is a series of events that will take place in effort to share information, provide training, and facilitate discussion-based exercises for the purpose of preparedness.

The goal of Preparedness Day is to provide the participants with the information and the additional capacity to build their condition of preparedness with confidence.

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## Event Website:

For Current Information on Preparedness Day Visit  
**<https://nupd.northeastern.edu/preparedness-day>**

## Check-In & Registration:

Opens starting at **10:00 AM** in the Curry Student Center Indoor Quad. Registration and Check-In will be open throughout the event.

***You will need to check in on-site to collect your identification badge, which will allow you access to the sessions and the event activities. Your badge will contain a QR code that will be scanned at sessions throughout the day.***

## Exhibit Halls & Information Tables:

Will be located in the Curry Student Center indoor quad and will be available from **10:00 AM – 3:00 PM.**

## Parking & Transportation:

Please note that parking is very limited on campus and public transportation is recommended whenever possible. Northeastern University is easily accessible by Orange Line (Ruggles/Mass Ave), Green Line (Northeastern), and Commuter Rail (Ruggles) MBTA. Those that do need to park on campus should use the pay visitor parking on campus located at Renaissance Park Garage (835 Columbus Avenue, Boston, MA 02120). Speakers and vendors may request parking coupons from event staff.

## Food & Refreshments:

Breakfast, Lunch, and Snacks will be available during the day for registered participants in the Curry Student Center Ballroom on the Second Level. Food service aligns with the Keynote Speaker presentations.

## Event Locations:

Northeastern University's Curry Student Center is located at 346 Huntington Avenue, Boston, MA 02115

Event pay parking is located at Renaissance Park Garage at 835 Columbus Avenue, Boston, MA 02120

Event pay parking is also located at Gainsborough Garage at 10 Gainsborough Street, Boston, MA 02115

# Campus / Event Map



Northeastern University

Campus Map



## Academic and Service Buildings

- |   |  |
|---|--|
| 66 Alumni Center at Columbus Place (CP)           | 83 Interdisciplinary Science and Engineering Complex (ISEC) (under construction) |
| 61 Architecture Studio (RG)                       | 77 International Village (INV)   |
| 70 Asian American Center (AC)                     | 35 Kariotis Hall (KA)  |
| 68 Badger & Rosen SquashBusters Center (SB)       | 38 Knowles Center (KN)   |
| 40 Barletta Natatorium (BN)                       | 34 Lake Hall (LA)  |
| 26 Behrakis Health Sciences Center (BK)           | 56 Latino/a Student Cultural Center (LC)   |
| 51 Blackman Auditorium (AUDL)                     | 17 Marino Recreation Center (MC)   |
| 41 Cabot Physical Education Center (CB)           | 44 Matthews Arena (MA)   |
| 7 Cahners Hall (CA)                               | 29 Meserve Hall (ME)   |
| 36 Cargill Hall (CG)                              | 48 Mugar Life Sciences Building (MU)   |
| 72 Catholic Center (CC)                           | 31 Nightingale Hall (NI)   |
| 54 Churchill Hall (CH)                            | 27 O'Bryant African American Institute (AF)                                      |
| 66 Columbus Place and Alumni Center (CP)          | 63 Renaissance Park (RP)   |
| 47 Cullinane Hall (CN)                            | 42 Richards Hall (RI)  |
| 50 Curry Student Center (CSC)                     | 49 Robinson Hall (RB)  |
| 6 Cushing Hall (CU)                               | 73 ROTC Office (RO)  |
| 57 Dana Research Center (DA)                      | 24 Ryder Hall (RY)   |
| 39 Dockser Hall (DK)                              | 30 Shillman Hall (SH)  |
| 43 Dodge Hall (DG)                                | 58 Snell Engineering Center (SN)   |
| 82 East Village (EV)                              | 59 Snell Library (SL)  |
| 60 Egan Engineering/ Science Research Center (EC) | 37 Stearns Center (ST)   |
| 52 Eli Hall (EL)                                  | 23 West Village F, G, H (WV)   |
| 71 Fenway Center (FC)                             | 74 101 Belvidere (BW)  |
| 55 Forsyth Building (FR)                          | 80 140 The Fenway (TF)   |
| 78 Hastings Hall at the YMCA (YMC)                | 79 177 Huntington (177)  |
| 53 Hayden Hall (HA)                               | 81 236 Huntington (236)  |
| 10 Hillel-Frager (HF)                             | 84 271 Huntington (271)  |
| 33 Holmes Hall (HO)                               |  |
| 46 Hurlig Hall (HT)                               |  |

## Residence Buildings

- |  |
|--|
| 21 Burestein Hall (BU)                             |
| 67 Davenport Commons A, B (DC)                     |
| 82 East Village (EV)                               |
| 77 International Village (INV)                     |
| 11 Kennedy Hall (KDY)                              |
| 4 Kerr Hall (KH)                                   |
| 12 Levine Hall and St. Stephen Street Complex (LV) |
| 9 Light Hall (LH)                                  |
| 5 Loftman Hall and 153 Hemenway Street (LF)        |
| 3 Melvin Hall (MH)                                 |
| 20 Rubenstein Hall (464)                           |
| 2 Smith Hall (SM)                                  |
| 16 Speare Hall (SP)                                |
| 14 Stetson East (SE)                               |
| 15 Stetson West (SW)                               |
| 23 West Village Residence Complex A, B, C, E (WV)  |
| 23 West Village Residence Complex F, G, H (WV)     |
| 18 White Hall (WH)                                 |
| 28 Willis Hall (WI)                                |
| 69 10 Coventry Street (CV)                         |
| 8 142-148 Hemenway Street (142-148)                |
| 11 319 Huntington Avenue (319)                     |
| 13 337 Huntington Avenue (337)                     |
| 19 407 Huntington Avenue (407)                     |
| 76 768 Columbus Avenue (768)                       |
| 84 780 Columbus Avenue (780)                       |

## Parking Garages



- |                                      |
|--------------------------------------|
| 65 Columbus Parking Garage (CPG)     |
| 76 Belvidere Parking Garage (BVG)    |
| 45 Gainsborough Parking Garage (GG)  |
| 62 Renaissance Park Garage (RPG)     |
| 25 West Village Parking Garage (WPG) |

## Legend



- # Academic and Service Buildings
- # Academic/Service Residence Buildings
- # Residence Buildings
- # Parking Garages
- P Parking (permit required)
- V Visitor Parking
- H Handicapped Parking
- H Handicapped-Accessible Entrance
- T Emergency Telephone
- T MBTA Station
- ★ Visitor Center
- Alumni Center at Columbus Place

# Event Agenda

THURSDAY, OCTOBER 17, 2019

Start	Session (Lead)	Location
10:00	<b>Registration &amp; Check In</b>	Indoor Quad
10:00	<b>The Boston Consortium for Higher Education</b> Emergency Managers Meeting (Closed Session)	344
BREAKFAST AVAILABLE IN BALLROOM		
10:45	<b>Security Awareness Training 101 – Faculty/Staff Focus</b> Northeastern University Police	318
	<b>Becoming an Effective Stress Manager</b> New Directions	320
	<b>Climate and Sustainability</b> NU Campus Planning & Global Resilience Institute	322
	<b>Threats from the Within: A Case Study on the Insider Threat</b> Federal Bureau of Investigation	342
	<b>Basic Self-Defense Introduction</b> Northeastern University Police	Dance Studios
LUNCH AVAILABLE IN BALLROOM		
11:45	<i>Allison Ritter, IBM X-Force Command</i> <b>Answering the Call: Attack Gamification and Real Stories from a Cyber Range</b>	Ballroom (Second Level) 
BREAK		
1:15	<b>#SAFEhusky Transit</b> NU Off-Campus Housing and Support Services	318
	<b>De-Escalation Techniques: Handling Difficult Situations</b> Northeastern University Police	320
	<b>Information Security Awareness: Protecting Yourself in Our Digital World</b> NU Office of Information Security	322
	<b>Emergency Preparedness and Resilience for Climate Health</b> Boston Public Health Commission	342 
	<b>Identifying Home Hazards</b> NU Environmental Health & Safety	344
	<b>Basic Self-Defense Introduction</b> Northeastern University Police	Dance Studios

# Event Agenda (Continued...)

SNACKS AND REFRESHMENTS AVAILABLE IN BALLROOM		
2:15	<i>Panel from Massachusetts Emergency Management Agency</i> <b>One Year Later: The 2018 Merrimack Valley Gas Emergency</b>	Ballroom (Second Level) 
BREAK		
3:45	<b>Security Awareness Training 101 – Student Focus</b> Northeastern University Police	318 
	<b>Active Threat Preparedness</b> Northeastern University Police	320
	<b>Keeping Informed: Mass Notifications and Resources – On Campus and Beyond</b> NU Office of Emergency Management & Boston Office of Emergency Management	322
	<b>International Travel Safety</b> NU Office of International Safety	342
	<b>Project Freezer: Engaging Risk Management in Lab Safety</b> NU Risk Management	344

FRIDAY, OCTOBER 18, 2019

Start	Session (Lead)	Location
9:00	<b>Registration &amp; Check In</b>	Indoor Quad
BREAKFAST AVAILABLE IN BALLROOM		
10:00	<i>Detective Mario Oliveira (Ret.), VIPO</i> <b>Surviving the Unthinkable: A Powerful Case on the Chain of Survival</b>	Ballroom (Second Level)
BREAK		
11:45	<b>Blood Donation Resources</b>	Outside Ballroom
	<b>Basic Self-Defense Introduction</b> Northeastern University Police	318-320
	<b>Until Help Arrives / Stop the Bleed</b> NU Emergency Medical Services & Boston Emergency Medical Services	322

# Interactive Exhibits

<b>Northeastern University Police Department</b>	Learn about the NUPD, the recent multi-agency Full-Scale Exercise, safety resources, and opportunities to work with the department. Interact with members of the NUPD throughout the event.
<b>Northeastern University Emergency Management</b>	Connect with our Office of Emergency Management and learn about the training opportunities and resources available, including the innovative Safety Support Network
<b>Information Security Challenge</b> <i>(Stop by Room 334)</i>	Test your cyber security knowledge in our information security challenge! Identify vulnerabilities and help secure our simulated workspace. Hosted by the Office of Information Security. Open to all!
<b>City of Boston Office of Emergency Management</b>	Learn more about the AlertBoston system and assess your current level of preparedness with the staff from Boston OEM.
<b>The International Association of Emergency Managers (IAEM)</b>	The International Association of Emergency Managers (IAEM), which has more than 6,000 members worldwide, is a non-profit educational organization dedicated to promoting the "Principles of Emergency Management" and representing those professionals whose goals are saving lives and protecting property and the environment during emergencies and disasters. Learn more on Preparedness Day!
<b>Boston Public Health Commission</b>	<i>Get Ready, Be Safe, Be Healthy</i> – Join the Boston Public Health Commission to engage on the climate and emergency preparedness
<b>Department of Homeland Security CISA Booth</b>	Join DHS and learn about their range of services including Cyber-Security Awareness, Counter-IED Training, Active Shooter Training, Chemical Facility Anti-Terrorism Standards (CFATS), as well as different outreach and training and exercise initiatives.
<b>Boston EMS, Police, and Fire Departments</b>	Connect with the city's emergency response resources and learn more about their resources and services within the city of Boston. Great for those that live off-campus and travel through the city!
<b>Northeast Security, Inc.</b>	Learn more and meet the Northeast Security team, Northeastern's contract security partner.
<b>Hands Only CPR</b> <i>Armstrong Ambulance &amp; NU EMS</i>	Join our medical partner, Armstrong Ambulance, for a brief tutorial on basic medical information and an interactive hands only CPR station
<b>Stop the Bleed</b> <i>NU EMS</i>	Participants will learn the basics in bleeding control from pressure and elevation to compression and tourniquet usage.

# Interactive Exhibits (Continued...)

<b>Digital Fire Simulation</b> <i>NU Fire Safety</i>	Join the Fire Safety unit for an interactive look at Fire Extinguisher use on our new digital simulation station
<b>Identifying Home Hazards</b> <i>Environmental Health and Safety</i>	Interactive games w/prizes, identifying home hazards handouts, staffed exhibit with members of EHS. Join us at Preparedness Day!
<b>Access Control</b> <i>Residential Safety Office</i>	Engaging overview of Northeastern's Residential access control systems. Giveaways, free Husky ID printing, and info on future access control projects. Join the Residential Safety Office and learn more at Prep Day!
<b>CriticalArc SafeZone</b>	Connect with the leadership of CriticalArc, the developer of the SafeZone Mobile Safety App. SafeZone is a free app available to the entire NU community for a quick connection with emergency response providers. Used on all NU campuses!
<b>University Health &amp; Counseling Services</b>	Stop by and learn about the services and information provided by the University Health and Counseling Services office.
<b>Northeastern University International Safety Office</b>	Join the NU International Safety Office for an overview of travel safety and the resources available through NU.
<b>Property Loss Prevention.</b> <i>Preventing fires on campus.</i>	Observe our displays on dorm room fires and how to prevent these fires. We will have giveaways and prizes for answering questions, so be sure to stop by!
<b>Risk Management</b>	Interact with our NU Risk Services team and learn more about how to manage your risks on campus and beyond as well as current projects, programs, and resources available.
<b>Risk Strategies</b>	Learn from our risk management partner, Risk Strategies, and how they work with Northeastern as well as the resources available to you.
<b>Global Resilience Institute</b>	Overview of the Global Resilience Institute and conversations with current research co-ops. Check out the GRI section at Preparedness Day!
<b>Bouvé College of Health Sciences</b>	Explore the extensive opportunities from the Bouvé College of Health Sciences on Preparedness Day! Tables and exhibits on a variety of topics.



# Keynote Sessions

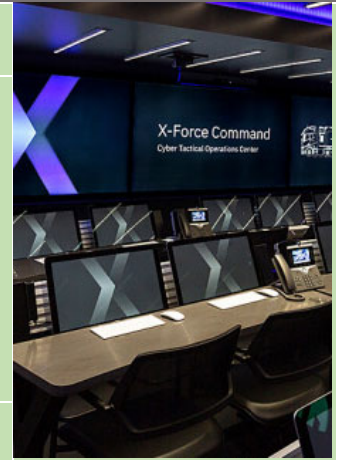
## Answering the Call: Attack Gamification and Real Stories from a Cyber Range

Allison Ritter, IBM X-Force Command | Ballroom

Cyber is constantly evolving and shifting, at IBM X-Force Command we are working to better prepare you, fueled through real life experiences, to handle the inevitable cyber incident by immersing you into a full cyberattack scenario.

In this session, we will learn what it's like to be a part of these cyber range exercises, while diving into the mind of a hacker. We will demonstrate what types of tools hackers are using today, examine the scope of these attacks, and discuss best practices on how to protect ourselves and our businesses.

Offered at 11:45 AM / Lunch



## One Year Later: The 2018 Merrimack Valley Gas Emergency

Michael Russas, Heather Tecce, & Allen Phillips, MEMA | Ballroom

On September 13th, 2018 the Merrimack Valley experienced the worst natural gas disaster in the history of the Commonwealth. A series of gas fires and explosions forced responders from across the Commonwealth to convene on three communities. This panel discussion from members of the Massachusetts Emergency Management Agency will provide an overview of the unique response and recovery efforts, lessons learned and some key takeaways from this incident.

Offered at 2:15 PM / Snacks & Refreshments

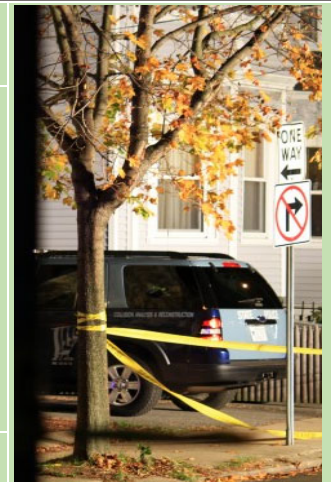


## Surviving the Unthinkable: A Powerful Case on the Chain of Survival

Detective Mario Oliveira (Ret.), VIPO | Ballroom

Learn from the personal experience and lessons learned from Detective Mario Oliveira (Ret.) on his near death experience in law enforcement. Det. Oliveira was involved in a shootout, shot six times, faced life threatening injuries, and saved through a series of events in his chain of survival. Experience this amazing story of survival as Det. Oliveira describes the power of blood, perseverance, and the chain of survival. This powerful presentation is open to all and highly encouraged for law enforcement, first responders, and medical professionals/students.

Offered at 10:00 AM - OCTOBER 18, 2019 / Breakfast





# Breakout Sessions

## Active Threat Preparedness

Northeastern University Police | CSC 320 | Capacity 70

Want to learn more about being prepared to Run, Hide, Fight?  
This course expands on Security Awareness Training 101 and provides an in depth-discussion on situational preparedness.

Offered at 3:45 PM

## Becoming an Effective Stress Manager

New Directions (EAP) | CSC 320 | Capacity 70

Managing stress with today's pressures and responsibilities can be a challenge. Discover your levels of categorical stress around physical, social, emotional and mental symptoms. Enhance your ability to identify stress and be proactive in managing stress as it comes your way.

Offered at 10:45 AM

## Emergency Preparedness & Resilience for Climate Health

Boston Public Health Commission | CSC 342 | Capacity 50

New England Region is joining the rest of the global world, with all types of new climate happenings, and this is one of the biggest behavior shift of thinking occurring for "Whole Community" individuals, private and public institutions. What can I do? What should I be doing? Discuss community engagement and public health impacts related to climate change and are expected to become increasingly disruptive in the coming decades.

Offered at 1:15 PM

## #SAFEhusky Transit

NU Off-Campus Housing and Support Services | CSC 318 | Capacity 60

Travel safely in Boston whether walking, taking public transit, or rideshare services. Each day we return home from campus, from co-op, or from a fun evening with friends. It is important to understand the best ways to travel safely in Boston. This session will share some of the most common misconceptions about safe travel and equip you with new strategies and resources to implement immediately.

Offered at 1:15 PM

### **De-Escalation Techniques: Handling Difficult Situations**

Northeastern University Police | CSC 320 | Capacity 70

Want to learn more about being prepared to De-escalate a situation at work, or at home? This course expands on the pre-requisite of Security Awareness Training 101. It also includes scenario-based role-playing. The training consists of a brief presentation and then is followed by the break out scenarios. The entire group is encouraged to participate as actors.

Offered at 1:15 PM

### **Information Security Awareness: Protecting Yourself in Our Digital World**

Information Security Office | CSC 322 | Capacity 50

Amazon, Facebook, Google, Oh my! Come speak with representatives from NU's Office of Information Security about how to keep safeguard your information in our digital world. Open to all.

Offered at 1:15 PM

### **Identifying Home Hazards**

Environmental Health and Safety | CSC 344 | Capacity 25

This session will cover identifying hazards at home. General awareness and response to hazards such as chemical exposures, fires, electrical, flood etc. will be covered.

Offered at 1:15 PM

### **International Travel Safety**

International Safety Office | CSC 342 | Capacity 35

A primer and must have training segment for the international traveler with discussions on our Travel Registry and various resources available when traveling outside of the United States.

Offered at 3:45 PM

### **Keeping Informed: Mass Notifications and Resources – On Campus and Beyond**

NU Emergency Management, Boston Emergency Management, and CriticalArc/SafeZone | CSC 322 | Capacity 50

Want to know more about the NU Alert Emergency Notification System and its use across all Northeastern campuses in coordination with new systems such as Alertus. Resources for response, such as SafeZone, and other notification resources, including AlertBoston will be discussed as well. All are welcome!

Offered at 3:45 PM

### **Project Freezer: Engaging Risk Management in Lab Safety**

NU Risk Management | CSC 344 | Capacity 25

Power losses, mechanical failures and human errors happen! Stop in to hear about some practical and easy ways to protect your research and build contingency plans. Project Freezer is a cross-functional group consisting of Risk Services, Lab Safety Officers, EH&S, Facilities, Procurement and many others around the university who work hard to protect your hard work.

Offered at 3:45 PM

### **NUPD Self-Defense Course**

Northeastern University Police | CSC Dance Studios | 1 Hour | Capacity 20 / Session

Introduction to Basic Self-Defense. Training Participants in Educated Decisions for Resistance and the Fight or Flight Response. First Come First Seated (Seats are Limited). Class is Interactive, Dress Comfortably.

Offered at 10:45 AM and 1:15 PM

### **Security Awareness Training 101**

Northeastern University Police | CSC 318 | Capacity 60 / Session

An overall approach to safety awareness training covering topics such as behavioral recognition, active threat response, fire safety, and reporting criminal activity.

Offered at 10:45 AM (Faculty/Staff Focus) and 3:45 PM (Student Focus)

### **Threats from the Within: A Case Study on the Insider Threat**

FBI | CSC 342 | Capacity 35

The FBI will discuss a recent insider threat case where the indicators of a serious threat were present, but ignored. An inside employee was cultivated by a Chinese company using traditional spy craft, and subsequently turned against his employer with devastating effects. The insider used his access and knowledge of a local Massachusetts corporation to almost destroy the company and cause 800 people to lose their jobs.

Offered at 10:45 AM

### **Until Help Arrives / Stop the Bleed**

NU EMS | CSC 322 | Capacity 20

Life-threatening emergencies can happen fast. On- or Off-Campus emergency responders aren't always immediately nearby. You may be able to save a life by taking simple actions immediately. You Are the Help Until Help Arrives.

Offered at 11:45 AM – OCTOBER 18, 2019

# Participant Raffle

Use your participant QR code to scan into Preparedness Day and automatically be entered in the conference raffle!

Post on social media with the **#NUPrepDay** tag and receive a second raffle entry!



There will be one winner from each of the following categories:

**NU STUDENT | NU STAFF/FACULTY | COMMUNITY**

**FOR ADDITIONAL INFORMATION ABOUT PREPAREDNESS DAY AND OTHER EVENTS OFFERED BY THE NU OFFICE OF EMERGENCY MANAGEMENT AND NU POLICE, PLEASE REACH OUT TO:**

Todd C. Kaplan, Ph.D. – Associate Director, NUPD & Emergency Manager – [t.kaplan@northeastern.edu](mailto:t.kaplan@northeastern.edu)

McKinley Theobald – Assistant Director, Continuity Coordinator – [m.theobald@northeastern.edu](mailto:m.theobald@northeastern.edu)

Staff Sergeant John Farrell – Crime Prevention and Community Engagement – [j.farrell@northeastern.edu](mailto:j.farrell@northeastern.edu)

# Exhibit Hall

## Preparedness Day 2019

